

October 2016

Volume 1, Issue 1

Newsletter

Heading EAST

One of the largest obstacles to energy saving in the workplace is influencing the behaviours of colleagues. In Belgium, the energy teams invited a specialist in this area to talk behaviour change. The solution, four simple principles, make it... easy, attractive, social, timely (EAST).

Want to change behaviours in the office? Reach them at the right time and at the right place. In Leuven, the energy team set up an elevator-free week in



Decorated elevators in Leuven, Belgium

which they decorated the elevators. This was a well-timed action which made people look twice when intending to take the elevator.

You can read more about EAST and how Belgium are following these principles on our EU blog

www.saveatwork.eu/s-w-blog

Positive Rewards



In Smiltene, Latvia, the Save@Work energy team has been trying a spot of positive reinforcement, leaving thank you notes next to energy saving messages and giving little gifts to particularly active staff to thank them for their efforts.

Similarly, in Leuven Belgium, small challenges such as the Green Clicks tool and those finding sustainable ways to travel to work were rewarded with a mention on the online blog and received a small gift of thanks.

Summer Management of Cleaning Staff

Why not get your cleaning staff involved in your action plan? The energy team from Conrad von Hötzendorfstraße 94 8010 in Graz, Austria, have done just that.

It gets pretty hot during the summer months in Graz, regularly reaching 26°C! It's not always practical to open the windows during the day it can often make the room hotter and stickier.

As part of the Save@Work campaign, the cleaning staff in the building have been asked to open the windows in the early morning when they come into work, then when office hours begin, the employees shut the windows before they start work.

Through a simple action, the offices are now provided with plenty of fresh air and are well ventilated before work begins.

Switching Off

The energy team of Birkenhead Land Registry, England, are anticipating a whopping saving of £450 this year simply by switching some of their lights off.

During an energy survey of their building they identified a rather excessive amount of lighting in the reception area including 23 spotlights, 12 strip lights, a further 3 lights and an illuminated logo.

After chatting with the reception staff it became clear that the lights were left on simply "out of habit", nobody ever questioned why they turned them on, they just did it despite the fact that they said they wouldn't have done such a thing at home!

Result - the illuminated sign and 23 spotlights have been turned off. They are now looking at replacing the spotlights with LED bulbs, which typically last 25x longer than a halogen and use 90% less energy.

Key Facts!

- There are a total of 176 public office buildings involved in the project, from town halls to financial offices or courts.
- The smallest participating buildings are the Swedish Energy Agency of South East Sweden with 4 employees and the Italian municipal building in Compogalliano with 5 employees.
- The largest building is the Land Registry Office in Plymouth, England with over 500 employees, followed by the Superior Court of justice in Berlin and the administration building in Graz both with over 400 employees.
- There are 96 cities in 9
 European countries
 participating in the
 Save@Work project,
 reaching 17,280
 employees!

